



TVS GYM FLOORING

IMPACTING THE WAY YOU TRAIN

CASE STUDY

TVS Design & Install Bespoke Indoor Workout Area

Xercise4Less

PROJECT INFORMATION

Client: Xercise4Less

TVS was tasked with designing a versatile and multi-functional training area to be rolled out across various new Xercise4Less sites. The brief was to include an area for sledge work along with floor demarcations for various activities such as walking lunges, sprinting and battle rope exercises.

To fulfil this requirement, TVS first created layout plans to fit the space prior to agreeing the final design with the client. Once the design was signed off, TVS set about ordering materials to complete each of the projects. With the subfloor levelled to within an acceptable tolerance, a hard-wearing multi-sports surface – TVS Sports Carpet (Green) – was bonded to the substrate to create a central lane for pushing and pulling a sledge. Meanwhile, SPORTEC Color-0 – a black recycled rubber floor covering – was installed around the outside of this area. To create a 2-lane running track with 1m markings, white lines were then applied to the black rubber utilising a 2-part PU paint. The perimeter edge detail was finished with a black uPVC trim, providing a safe and neat transition between the adjacent floor finishes.

The workout area is used effectively for training small groups of people as well as one-to-one personal training sessions across multiple sites.

Product

SPORTEC Color-0 (Black)
TVS Sports Carpet (Green)
TVS VS90 Adhesive
TVS PU Sports Paint (White)



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